

**Booking Form: Loreto Centre  
Spring 2011**

Name .....

Address .....

Telephone .....

I would like to enrol for the following

Course/courses:

- Learning to Meditate (1, ) or (2, )
- Tai-Chi/Relaxation (1, ) or (2, )
- Next Steps, (Part II)
- Flower Arranging
- 2011: New Year, New View, The Journey Within
- Women's Personal Development, (Part II)
- Film Appreciation, (Part II)
- Yoga (Beginners)
- Yoga (Advanced)
- Men's Group
- Dancing The Rainbow
- Balancing Body and Mind

**A non-refundable deposit of €10 is required; balance to be paid on registration.**

*Please return completed form to:*

**The Secretary,  
Loreto Centre,  
Crumlin Road, Dublin 12  
4541078**